

Letter from the Administrator:

It is with a heavy heart that we say goodbye to our dear friend and long-term volunteer, Jan. As many of you know, Jan unexpectedly passed away on October 12th. Having been a volunteer since 2012, Jan has brought smiles, comfort, and laughter to all around her. Jan created and donated most of the beautiful garden that we have in front of our building, and going forward, we can only hope to maintain it as well as she did. Due to her genuine interest in our residents' ideas, always asking for thoughts and suggestions from staff, visitors, families, and residents, she designed a garden which has had a personal impact on everyone who has lived and worked at Wellington Place at Whiting. Jan was always willing to lend a helping hand to staff and to residents with day-to-day needs and as a role-model. She was

a leader in all our Alzheimer's walks, taking initiative to obtain many donations from local businesses in her free time, and maintain these connections throughout the years. Jan always volunteered at our summer and holiday parties. She would not only jump in and help staff with party and seasonal decoration, she would sit with any residents who did not have guests and was always the first one up and dancing. She strived to make everyone feel welcome and a part of our Wellington

family. Jan's wish was not to have a memorial service or for us to mourn for her loss; instead she wanted us to celebrate her life and everything she has done for all of us. With that in mind, Wellington Place at Whiting hosted a Celebration of Life for Jan on Oct. 24th. Our Wellington family, along with Jan's family and friends, gathered together to commemorate her. Jan will be deeply missed and never forgotten.

– Kristan Schaack



Jan's memorial service

Wellington Place at Whiting

1902 Post Road, Stevens Point, WI 54481
715.344.9669

Kristan Schaack, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



WISCONSIN
ILLINOIS
SENIOR HOUSING INC.

WellingtonPlaceWhiting.org

WisconsinIllinoisSeniorHousing.org

WE ACCEPT CREDIT CARDS

Save the Date: December 15th Annual Christmas Party • 11am-3pm

Santa will be joining us for photos and handing out gifts (provided by staff)! There will be catered food and live music. As this is a catered event please RSVP for the reserved seating. The cost is \$8 for adults and \$4 for children. We look forward to seeing you there!



From the Corner Desk of Traci:

Hello friends and family of Wellington Place! With December now here it's going to be a very busy month for everyone. We will be having our annual Christmas party for the residents and their families to come together and join us here at Wellington. This year we will be having it on December 15th at 11:00am, with music by The Old Fashions. If you have not RSVP'd yet, it is very important to get in contact with me, Dawn, or Kristan ASAP to ensure we have enough food made for everyone. I want to acknowledge and thank all of our musicians that have been taking the time to come in and play for the residents. We have had a lot more entertainment within the last few months than we have ever had. I can't express enough how appreciated and how much the residents enjoy being able to listen, sing and even dance along to the music. With that being said, any family or friends of the residents are always welcome to come in and listen along with them. I also want to thank those of you who continue to help the facility out by your generous donations of any kind. Lastly, with the year of 2018 coming to an end I hope everyone has had a great year full of wonderful memories to always cherish. - *Traci*

"The year end brings no greater pleasure than the opportunity to express to you season's greetings and good wishes. May your holidays and new year be filled with joy." - Quote by: Charles Dickens



Halloween costumes



Halloween party



June and staff Halloween costumes



Andrea, Carleen, and Andy all match



Decorating cookies



Wood work crafting



Our vets on Veterans Day

Activity Calendar

Dec. 2 Packers vs. Cardinals at 12pm

Dec. 4 Resident Council Meeting at 1pm

Dec. 5 Music with Bill at 1:30pm

Dec. 6 St. Nicolas Day Ginger Bread House Making at 1:30pm

Dec. 8 Volunteer's Choice at 10:30am

Dec. 9 Christmas Carolers at 1pm
Packers vs. Falcons at 12pm

Dec. 11 Christmas Lights Field Trip at 6pm

Dec. 12 Music with Tom at 10:30am

Dec. 13 Lutheran Church Services at 1pm

Dec. 15 Christmas Party with the Old Fashions at 11am

Dec. 16 Packers vs. Bears at 12pm

Dec. 18 Music with Pat at 1:30pm

Dec. 20 Music with Bill at 1:30pm

Dec. 23 Packers vs. Jets at 12pm

Dec. 24 Merry Christmas Eve

Dec. 25 Merry Christmas!

Dec. 30 Packers vs. Lions at 12pm

Exercise every day at 10:30am

Church service every Saturday at 6pm

Every Wednesday is Beauty Day

Every Friday is Fitness with Joey

Every Saturday Coffee Clutch

Resident News

We have a new resident to welcome into our Wellington family. Theresa P. moved in during the middle of October. She is making new friends and always willing to chat. Please stop by, introduce yourself, and say hello!

Welcome New Staff

We have had two new staff members start recently! Brian, who is working PM shift and occasional NOCs, and Katie, who is working PM shift. They are both new to caregiving and are excited to learn. Carla will also be starting with us in November, she will be working PM shift. Carla brings experience with her as she joins our Wellington team. We welcome them all to our Wellington Family!

Happy Birthday!

Wishing our residents the best on their birthdays!

Marshall	<i>Dec. 11</i>
Bridget	<i>Dec. 15</i>
Fumi	<i>Dec. 21</i>
Toni	<i>Dec. 29</i>

December 3-7, 2018 is National Hand Washing Awareness Week

and, according to the Centers for Disease (CDC), “the most important thing you can do to keep from getting sick is to wash your hands.”

Handwashing can help prevent illness. It involves five simple and effective steps (wet, lather, scrub, rinse, dry) you can take to reduce the spread of diarrheal and respiratory illness so you can stay healthy. Regular handwashing, particularly before and after certain activities, is one of the best ways to remove germs,

Be Sure To Wash Your Hands!

avoid getting sick, and prevent the spread of germs to others.

The CDC recommends you should wash your hands:

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick
- Before and after treating a cut or wound
- After using the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or treats
- After touching garbage
- After changing diapers or helping a child who has used the toilet

Info taken from cdc.gov

Donations received by family:

- Jeanette G.
- Deb M.
- Betty
- Myron
- Judy
- Marian
- Bernice's family
- Jerry

Donations needed:

- Chex Mix
- Puff corn
- Plastic solo cups
- Hard plastic dinner plates (*not the disposable kind*)
- Four piece toaster
- Spatulas and wooden spoons
- Soft chocolate cookies or Oreos

WiCAL

Wisconsin Center for Assisted Living

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AVOID SLIPS AND FALLS THIS WINTER

- Wear the right shoes or boots for wintertime. Make sure soles have good traction.
- Clear snow and ice from steps, walkways and driveways.
- Use ice melt as needed to melt any residual ice or snow.
- Keep stairs and handrails up to the home in good condition.
- Install handrails along walkways for extra support.
- Step carefully, or ask for assistance if it is too slippery outside.
- Be active all year long to keep muscles healthy and strong.

