

# The Wellington News

SEPTEMBER  
2020

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

## WISH Rising Stars Scholarship

Applications  
due Sept. 11th



WISH scholarships are available to current employees and also high school students in WI and IL who are interested in post-acute care.

Read more about the scholarship and how to apply at [bit.ly/wish-scholarship](http://bit.ly/wish-scholarship)

## From the Corner Desk of Joey

Hello friends and family, Joey here!

It's probably a little strange hearing from me instead of our usual writers, but I decided to take over for the month of September. Hold on, it can't already be September, right?!

At any rate, we continue to do our best to remain connected during these interesting times. I know that all of us here very much appreciate the hard work of our wonderful families to ensure the safety of all their loved ones here at Wellington Place at Whiting. I have thoroughly enjoyed watching the unique and wonderful ways that we have figured out to continue our traditions and visits with the new precautions.

**As a reminder, we are open to both window visits and outside visits with guidelines in place to ensure the safety of our wonderful residents.** Feel

free to call the facility and one of our friendly staff members will set up a time and an area that'll work best for the visit.

On a personal note, I just want to say that it has been an absolute honor to provide and care for each and every person who has decided to live with us here at Wellington Place. Thank you for trusting us with your care during these unprecedented times.

Alright, well, I think that is enough of sappy Joey time. We are here to enhance the lives of those we serve, and proud to do it!

*"There are a lot of things to think about, but not much to worry about."*

– Cindy Brzezinski (Joey's Grandmother)

## Wellington Place at Whiting

1902 Post Road, Stevens Point, WI 54481  
715.344.9669

Kristan Schaack, Administrator

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



WISCONSIN  
ILLINOIS  
SENIOR HOUSING INC.

WellingtonPlaceWhiting.org

WE ACCEPT CREDIT CARDS

National Assisted  
Living Week  
Sept. 13-19, 2020



Caring is  
Essential

This week provides a special opportunity for residents, staff and our communities to recognize and celebrate the role assisted living care centers take in elevating the lives of America's seniors and individuals with disabilities. **This year "Caring is Essential" is the theme for National Assisted Living Week 2020, which highlights the invaluable care demonstrated by essential caregivers every day in assisted living facilities across the country.**

Our facility emphasizes compassionate care that promotes independence and quality of life while providing a cozy home environment for our residents. Along with great care, we highlight our days with quality relationships, creative activities and delicious home-cooked meals, all in pleasant surroundings that our residents call home. **Caring is essential to a pleasant and home-like assisted living facility and that's what our staff aims for every day!**



## Happy Birthday

Best wishes to our staff and residents celebrating birthdays this month.

Jerry M. September 12th

Gerry J. September 14th

Gary September 19th

## Resident News

Unfortunately, we have sad news this month. In July, we lost our good friend, Leo. We are going to miss his infectious smile and in-depth knowledge of engineering. I'm not sure how many people knew this, but Leo also had a wonderful singing voice which will be missed by his Wellington family.

The residents have been enjoying window visits, outside visits, Skype calls, and letters that everyone has been writing. If you would like to set up a Skype call, please email Dawn (dschroeder@carriagehealthcare.com) or Kristan (kschaack@carriagehealthcare.com).

# Letter from Administrator *and lots of updates:*

**Unfortunately, we will not be participating in the 2020 Walk to End Alzheimer's this year.** To maintain our social distancing policy, and to keep our staff and residents safe, we have opted out this year. Any donations sent to us will still go directly to the Alzheimer's association.

**Please help support the fight against Alzheimer's by donating online at: [bit.ly/Alz2020](http://bit.ly/Alz2020).**

However, we would still like to take all our residents on a walk around the park and take a group photo to send to Portage County. If you are interested in joining us for our walk, please let Kristan or Dawn know. We are planning to walk at 2pm on September 22nd and would love for all our families to walk with us!

**We have also had to cancel our "Welcome back" party for Summer 2020.** We are still planning on having our Christmas party though, with catered food, live music and Santa bringing all the residents gifts. Please watch upcoming newsletters and our Facebook page for updates.

**Lastly, we would like to thank our wonderful families** for calling ahead to set up visits, participating in outside visits, and maintaining 6 feet of distance during these visits. These are hard times for us all, but the residents love when they have visitors. Residents and staff miss their families. We are looking forward to the day when life can go back to "normal" and everyone can come back in the building for visits.

**Although we will not be participating in the 2020 Portage County Walk to End Alzheimer's, we would like to invite all our families for our own Wellington Place at Whiting walk to help end Alzheimer's. We will be having our walk on September 22, 2020 at 2pm here at the facility!**

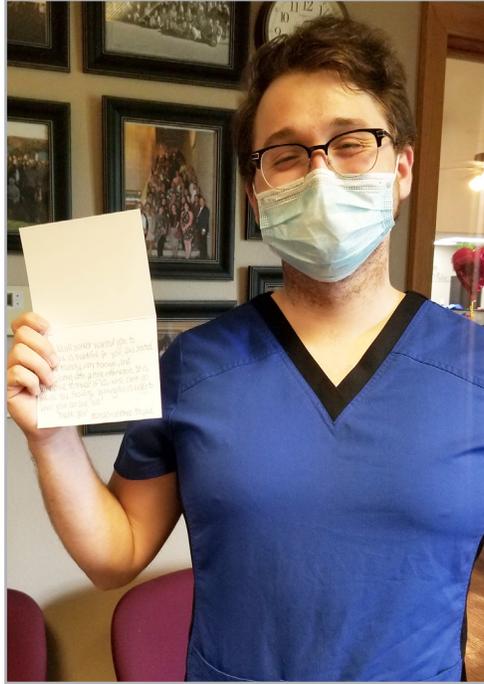
**Please send Kristan an email if you would like to participate. We look forward to walking with you all! :)**



# Photo Highlights



*A picture from Lillian's birthday*



*Joey got a nice little card from Ascension applauding his work!*



*Irene is enjoying the outside activities*



*Our families have cleaned up our back garden and we would like to give them a huge thank you!*



*Traci redid our fairy garden!*



*We had a wine and cheese tasting as an activity, yum*

## Job Postings

Though we do not have any job openings currently, we are looking for volunteers to help us with our gardens. We have had some family members clean up the back garden and make it more enjoyable for the residents with windows in the back of the building.

Joey has been gracious enough to start weeding the front wheelchair accessible garden, but we are hoping for a few volunteers to help weed, trim flowers/ bushes, and make our garden more eye appealing. If you are interested in helping with any of the gardens, please let Kristan know.

## Donations

### Wish List:

- Toaster
- Pots and pans
- Frying pan
- Coconut fiber bird nesting material for the aviary
- Bingo prizes
- Chocolates
- Jarts lawn game
- Bean bags for corn hole
- Solo cups
- DVD/VHS player
- Small water fountains for the planter

### Thank you recent donors:

- Losinski Family
- Audrey
- Muto Family
- "Anonymous Donor"

**JOIN US:** Wellington has their own Facebook page. You can find us if you search "Wellington Place at Whiting." There is information regarding upcoming parties and events, as well as pictures from our recent activities. Wellington is trying to reach out to the community to inform them of who we are and what we offer. Our page displays recent updates, activities, and upcoming events to our loved one's families. So be sure to Like, Follow, and Share the page. 

# WiCAL

Wisconsin Center for Assisted Living

Newsletter Production by PorterOneDesign.com

## National Healthcare Environmental Services & Housekeeping Week September 13-19, 2020

**Environmental Services Week is a time dedicated to recognizing the efforts of hard-working housekeeping staff across the US. True warriors of any building's operation, housekeeping and environmental services staff demonstrate extraordinary teamwork and management that's essential to care for complex healthcare environments such as skilled nursing facilities and assisted living communities.**



Housekeeping team members have a tough but important job in any senior care facility. Buildings that aren't cleaned and sanitized carefully can lead to illness and slow productivity for those who live, work, and eat there.

Our housekeeping team has employed new measures to help reduce the likelihood of COVID affecting our facility by making sure rooms and all areas are cleaned and sanitized using CDC and local health department guidelines.

We take this time out to appreciate and celebrate our dedicated housekeeping staff for the important part they play in keeping our residents and staff healthy and safe.

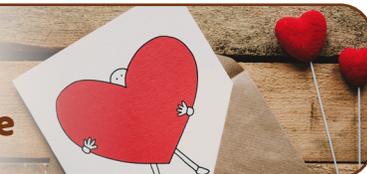
## The Power of Courtesy and Kindness



With so much uncertainty and division across the world, it's easy to lose sight of a very easy and obtainable mindset: **BE KIND**. Here's a question: what if more people were "guilty" of random acts of kindness? Just simply being courteous and kind without gaining any benefit from the situation or person. Just being kind for kindness' sake? How could the world change? **Do you want to become a kinder person? Here is an affirmation that may help to create a new form of kindness mentality: "I am now courteous and kind to everyone I meet."**

**DONATE SAFELY AND EASILY ONLINE:**

**[WellingtonPlaceWhiting.org/Donate](https://WellingtonPlaceWhiting.org/Donate)**



## Quality of life in the comfort of home

Affordable, convenient home health care is available for our residents and in your home too. Call for a free home evaluation.

**TransitionsHealth.org**  
**715.544.2322**

 **TRANSITIONS**  
AT HOME

